# On-Demand Counseling

Receive compassionate counseling for personal, family, and work-related concerns, so you can be supported when navigating life's challenges.



# **Getting Started**

### Register

Access your On-Demand Counseling benefit by:

Visiting: <a href="www.supportlinc.com">www.supportlinc.com</a>
Enter the Code: <a href="www.supportlinc.com">wellnessplanplus</a>

Phone: 877.638.5304 Or Text "Support" to 51230

## 01

# **Ask for Counseling**

If asked, provide your Group ID: wellnessplanplus

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### **Get Access Now**

You're now ready to receive family support assistance, legal, financial planning advice, professional referrals, and more 03



# What's Included in Your Plan

### **Virtual Consultations**

Supporting individuals on topics such as anxiety, grief, depression, marital issues, and stress.

### **Legal Assistance**

Free over the phone or face-to-face legal consultations.

### Face-to-Face Referrals

8 in-person visits with a licensed behavioral health clinician.

### **Family Support Assistance**

Consultations and referrals for everyday issues such as dependent care, auto repair, pet care, and more.

### **Financial Planning Advice**

Expert financial planning and consultation services.





Or visit: "www.supportlinc.com"



